

# Mannat Group of Nursing Academy

## NORCET (TEST-5)

### Important Instructions:

- The question paper contain 200 questions
- All questions are compulsory
- One question carry one mark only

Total marks: 200  
Time: 3 Hrs.

- 1. Kegal exercise is done to**  
(a) Prevent urinary infection  
(b) Strengthening bladder muscle tone  
(c) Promote fluid intake  
(d) Assist in toileting
- 2. The right free border of lesser omentum contains all the following structures EXCEPT**  
(a) Bile duct  
(b) Portal vein  
(c) Hepatic artery  
(d) Inferior vena cava
- 3. All the following reflexes are present at birth EXCEPT**  
(a) Parachute reflex  
(b) Plamar grasp  
(c) Moro reflex  
(d) Suck reflex
- 4. What are the values of temperature and time employed for autoclave in routine bacteriological laboratory?**  
(a) 121°C for 15 min.  
(b) 132°C for 8 min.  
(c) 140°C for 25 min.  
(d) 110°C for 30 min.
- 5. Activated partial thromboplastin time(APTT) is prolonged in**  
(a) Thrombosis  
(b) Hemophilia  
(c) Bone marrow depression  
(d) Thrombocytopenia
- 6. Posterior perineal trauma involving anal sphincter falls under**  
(a) 4°C tear  
(b) 2°C tear  
(c) 1°C tear  
(d) 3°C tear
- 7. All the following are feature of severe dehydration EXCEPT:**  
(a) Delayed capillary refill  
(b) Sunken fontanels  
(c) Alert mental status  
(d) Dry oral mucosa
- 8. The most basic quality for culturally component nursing care is**  
(a) Having significant information  
(b) Learning another language  
(c) Treating each person as an individual  
(d) Recognizing the importance of family
- 9. The cells of gastric gland that secrete hydrochloric acid found in gastric juice are called**  
(a) Neck cells  
(b) Mucous cells  
(c) Chief cells  
(d) Parietal cells
- 10. The best way on increasing the nutritive value of pulses is**  
(a) Mixing pulse  
(b) Fortification  
(c) Parboiling  
(d) Germination
- 11. All the following are cause of constipation EXCEPT**  
(a) Inadequate fibre intake  
(b) Decreased gastrointestinal motility  
(c) Decreased fluid intake  
(d) Laxative
- 12. Human chorionic gonadotropin is produced by**  
(a) Cytrophoblast  
(b) Yolk sac  
(c) Decidua  
(d) Syncytiotrophoblast
- 13. All the following are major problems affecting child growth and development EXCEPT**  
(a) Pneumonia  
(b) Common cold  
(c) Malnutrition  
(d) Measles
- 14. Oxytocin is secreted by**  
(a) Adrenal cortex  
(b) Adrenal medulla  
(c) Posterior Pituitary  
(d) Anterior Pituitary
- 15. Exotoxins produce by gram negative bacteria are usually**  
(a) Lecithin  
(b) Lipopolysaccharides  
(c) Fatty acids  
(d) Proteins
- 16. After fertilization, implantation bleeding usually occurs after approximately how many days?**  
(a) 16 – 12 days  
(b) 14 – 18 days  
(c) 20 – 28 days  
(d) 2 – 4 days
- 17. The practice of nursing is regulating by which of the following?**  
(a) Federal guidelines and regulations  
(b) State nurse practice acts  
(c) Institutional policies  
(d) International standards and codes
- 18. Sterilization of surgical equipment is done by?**  
(a) Seitz filter  
(b) Autoclave  
(c) Radiation  
(d) Formaldehyde
- 19. Boxer's muscle is a/an**  
(a) Biceps brachii  
(b) Brachioradialis  
(c) Deltoid  
(d) Serratus anterior
- 20. The time interval between the invasion by an infectious agent and appearance of first sign of disease is called**  
(a) Incubation  
(b) Exacerbation  
(c) Plateau  
(d) Remission


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- 21. All of the following are natural contraceptive methods involving abstinence EXCEPT:**  
(a) observation of cervical mucus  
(b) Diaphragm  
(c) Calendar method  
(d) Observation of body temperature
- 22. Islets of Langerhans are rich in which part of pancreas?**  
(a) Tail (b) Body (c) Neck (d) Head
- 23. Medical geniculate bodies form a part of**  
(a) Auditory system (b) Visual pathway  
(c) Motor system (d) Limbic system
- 24. The immunoglobulin that crosses placenta**  
(a) IgG (b) IgA (c) IgE (d) IgM
- 25. Best test for diagnosis of organic mental disorder**  
(a) Rorschach test  
(b) Bender gestalt test  
(c) Sentence completion test  
(d) Thematic appreciation test
- 26. Perception without stimulus is called as**  
(a) Delirium (b) Delusion  
(c) Hallucination (d) Illusion
- 27. All of the following are major Jones criteria for rheumatic fever EXCEPT**  
(a) Erythema marginatum (b) fever  
(c) Carditis (d) migratory polyarthritits
- 28. Which test is done for identifying the presence of occult blood in stool?**  
(a) Guaiac test (b) Orthotolidine test  
(c) Fouchets test (d) Benzidine test
- 29. All of the following are diagnostic tests for sepsis EXCEPT:**  
(a) Complete blood count (b) Urine culture  
(c) Blood culture (d) Serum electrolyte
- 30. Health - illness continuum and high level wellness models demonstrate**  
(a) Wellness is a passive state  
(b) Importance of family  
(c) Health of Dynamic State  
(d) Illness as fixed point in time
- 31. The average height of newborn at birth is**  
(a) 19 - 21 inches (b) 28 - 30 inches  
(c) 25 - 27 inches (d) 30 - 32 inches
- 32. Delusion is a disorder of**  
(a) Judgement (b) Thought  
(c) Perception (d) Memory
- 33. Korsakoff's syndrome is caused by deficiency of**  
(a) Thiamine (b) Pyridoxine  
(c) Iron (d) Riboflavin
- 34. The relationship of the fetal head and limbs to its trunk is called**  
(a) Attitude (b) Denominator  
(c) Presentation (d) Lie
- 35. In liver, bilirubin is conjugated with**  
(a) Glucuronic acid (b) Bile acids  
(c) Cholic acid (d) Glutamic acid
- 36. Grafts exchanged between members of genetically unrelated animals of same species is called**  
(a) Allograft (b) Heterograft  
(c) Isograft (d) Xenograft
- 37. Which of the following types of need represents the need for individuals to reach their full potential through development of unique capabilities?**  
(a) Self-actualization (b) Self - esteem needs  
(c) Security needs (d) Physiological needs
- 38. Among the following the factor that contributes to pressure ulcer is**  
(a) Malnutrition (b) Shearing forces  
(c) Edema (d) Chronic disease
- 39. Assuming that the members of a group are alike is called**  
(a) Stereotyping (b) Clustering  
(c) Cultural competency (d) Cultural imposition
- 40. Child's participation in decision making process about health care process termed as**  
(a) Collegiality (b) Advocacy  
(c) Ethics (d) Assent
- 41. The level of care that includes medical therapy and surgical treatment is called**  
(a) Tertiary level (b) Secondary level  
(c) Primordial level (d) Primary level
- 42. Biochemical etiology of Alzheimer's disease related to**  
(a) Epinephrine (b) Dopamine  
(c) Serotonin (d) Acetylcholine
- 43. A freshly prepared ORS solution should be used within**  
(a) 24 hrs. (b) 6 hrs. (c) 12 hrs. (d) 48 hrs .
- 44. Peripheral resistance depends on**  
(a) Diameter of arterioles  
(b) Degree of contraction of veins  
(c) Blood Volume  
(d) Stroke Volume

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45. Nursing education was established by  
(a) Lillian wald (b) Florence nightingale  
(c) Lavinia dock (d) Clara barton
46. Examining cause and effect relationship between variables under highly controlled conditions is  
(a) Descriptive research  
(b) Experimental research  
(c) Correlational research  
(d) Quasi – experimental research
47. Adjustment of living matter to other things and to environmental conditions is  
(a) Development theory (b) General system theory  
(c) Adaption theory (d) Physiological theory
48. All the following are biological risk factor for altered health EXCEPT  
(a) Genetic predisposition to disease  
(b) Birth defects  
(c) Air pollution  
(d) Mental retardation
49. Vaginal bleeding occurring before 28<sup>th</sup> week of gestation indicates  
(a) Inevitable abortion (b) Missed abortion  
(c) Incomplete abortion (d) Threatened abortion
50. The exercise that involves muscle contraction with resistance is called  
(a) Isotonic exercise (b) Aerobic exercise  
(c) Isokinetic exercise (d) Isometric exercise
51. Which of the following is a warning sign for Appendicitis?  
(a) Diarrhea (b) Rebound tenderness  
(c) Listlessness (d) Lethargy
52. All the following are signs of placental separation and descent EXCEPT:  
(a) Lightening of cord (b) Shortening of cord  
(c) Fundus becoming rounder  
(d) Small fresh blood loss
53. Name of the given below instrument that is namely used in gynecology?  
  
(a) Otoscope (b) Protoscope  
(c) Fetoscope (d) Stethoscope
54. Which of the following action guiding theory explains that the rightness or wrongness of an action depends on the consequences of the action?  
(a) Beneficence (b) utilitarian  
(c) Non-maleficence (d) Deontological
55. General fertility rate refers to  
(a) No. of live births per 1000 females in reproductive age group  
(b) No. of live births per 1000 pregnancies  
(c) No. of live births per 1000 population  
(d) No. of live births per 1000 female population
56. The stage of complete physical mental and social well-being and not merely absence of any disease is called  
(a) Care (b) Morbidity (c) Wellness (d) Health
57. Electronically transmitted clinical consultation and treatment that has improved the access to care is called  
(a) Remote care (b) e – Health  
(c) Rural Health (d) Telehealth
58. All the following activities describes the process of valuing EXCEPT  
(a) Pricing (b) Modeling  
(c) Acting (d) Choosing
59. All the following are foods rich in iron EXCEPT  
(a) Milk (b) Spinach (c) Liver (d) Fish
60. Widal test belongs to which of the following types  
(a) Neutralization (b) Agglutination test  
(c) Precipitation test (d) Bacteriolysin
61. Pin point pupil is a characteristic of  
(a) Pontine haemorrhage (b) Barbiturate poisoning  
(c) Cocaine abuse (d) Glaucoma
62. Following are the basic skills for nursing leadership EXCEPT  
(a) Communication (b) Decision making  
(c) Problem solving (d) Self – evaluation
63. Pavlov's experiment is an example of  
(a) Modeling (b) Classical conditioning  
(c) Learned helplessness (d) Operant conditioning
64. The pain that develops within organs is called  
(a) Somatic pain (b) Nociceptive pain  
(c) Visceral pain (d) Neuropathic pain
65. Absence of living spermatozoa in semen is called  
(a) Azoospermia (b) Teratozoospermia  
(c) Oligozoospermia (d) Oligospermia
66. Palliative surgery is done  
(a) to improve self-concept  
(b) To reduce the intensity of illness

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- (c) to confirm the diagnosis  
(d) To remove the diagnosis
- 67. Marked inflammation of the gums is called**  
(a) Glossitis (b) Cheilosis  
(c) Caries (d) Periodontitis
- 68. Partogram includes all salient features of labour EXCEPT**  
(a) Frequency of contraction (b) Pulse  
(c) Fetal heart rate (d) Fetal presentation
- 69. Most powerful stimulus for respiratory centre is**  
(a) Carbon dioxide excess (b) Oxygen lack  
(c) increased pH of blood (d) Oxygen excess
- 70. All are features indicative of physiological jaundice of a newborn EXCEPT**  
(a) It appears after attaining 24 hours of age  
\*(b) it appears before attaining 24 hours of age  
(c) It fades by 7<sup>th</sup> day of life  
(d) It peaks by 3<sup>rd</sup> day of life
- 71. Violet blue discoloration of vaginal membrane is**  
(a) Braxton hicks sign (b) Jacquemier's sign  
(c) Hegar's sign (d) Oslander's sign
- 72. diluent used for reconstitution of BCG vaccine is**  
(a) Dextrose (b) Normal saline  
(c) Glycerine (d) Distilled water
- 73. Profound hearing loss is described as greater than**  
(a) 40 dB (b) 60 dB (c) 80 dB (d) 20 dB
- 74. Stranger anxiety develops by the age of**  
(a) 3 months after birth (b) at birth  
(c) 8 months after birth (d) 6 months after birth
- 75. Expistaxis management includes the following actions EXCEPT**  
(a) Keeping the patient in sitting position with the neck flexed  
(b) Applying pressure by pinching the nose  
(c) Applying ice over the nose  
(d) Allowing the patient to sneeze
- 76. Most common incision in episiotomy is**  
(a) Median (b) Medial  
(c) Lateral (d) Mediolateral
- 77. Fever is defined temperature greater than**  
(a) 38°C (b) 37°C (c) 36°C (d) 35°C
- 78. Visual analogue scale is most widely used to measure**  
(a) Sedation (b) Pain Intensity  
(c) Sleep (d) Depth of anaesthesia
- 79. All the following characteristic of preeclampsia EXCEPT**  
(a) Hypertension (b) Proteinuria  
(c) Edema (d) Vomiting
- 80. Urea breath test is exhaled breath is used to detect the presence of**  
(a) Staphylococcus (b) Escherichia coli  
(c) Helicobacter pylori (d) Streptococcus
- 81. Which commonest fungi causes otomycosis**  
(a) Mucor (b) Candida  
(c) Rhizopus (d) Aspergillus
- 82. In weber's test, lateralization of sound to diseased ear indicates**  
(a) Combination of both sensorineural deafness and conductive deafness  
(b) Conductive deafness  
(c) Tympanic deafness  
(d) sensorineural deafness
- 83. Cell mediated immunity is achieved by**  
(a) B cells (b) Neutrophils  
(c) T cells (d) Eosinophils
- 84. All the following are qualitative research method EXCEPT**  
(a) Phenomenology (b) Correlation  
(c) Ethnography (d) Grounded theory
- 85. Experienced nurse introducing an employee to new responsibilities through teaching and guidance is called**  
(a) Mentorship (b) Preceptor ship  
(c) Professionalism (d) Leadership
- 86. The drainage that consists of a large number of Red Blood Cells is called**  
(a) Serosanguineous drainage  
(b) Purulent drainage  
(c) Serous drainage  
(d) Sanguineous drainage
- 87. All the following are conflict resolution strategies EXCEPT**  
(a) Avoiding (b) Resistance  
(c) Smoothing (d) Collaborating
- 88. What is the name of the device in the image below**



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- (a) Blood Pressure cup (b) DVT pump  
(c) Air bed device (d) None of these

89. Formed visual hallucinations are seen in lesion of

- (a) Frontal (b) Temporal  
(c) Parietal (d) Occipital

90. The agent host environment model of health and illness is based on the concept of

- (a) Prognosis (b) Infectious disease  
(c) Rate of exposure (d) Stage of illness

91. The most satisfactory method of refuse disposal where suitable land is available is

- (a) Dumping (b) Manure pit  
(c) Controlled tipping (d) Burial

92. All of the following are the features of true labour EXCEPT

- (a) Uterine contraction always present  
(b) No show of labour symptoms  
(c) Os progressively dilated  
(d) Shortened cervix

93. Leader assuming complete control over the decision and activities of the group is called

- (a) Laissez – faire leadership  
(b) Democratic leadership  
(c) Autocratic leadership  
(d) Transformational leadership

94. Primary apnea lasts for how many seconds in new born infants?

- (a) 10 sec (b) 5 sec (c) 30 sec (d) 20 sec

95. Most common symptoms of alcohol withdrawal is

- (a) Rhinorrhoea (b) Tremor (c) Bodyache (d) Diarrhea

96. The phenomenon of a nurse respecting a patient's rights to make decisions about his/her health, health care is called

- (a) Integrity (b) Altruism  
(c) Human dignity (d) Autonomy

97. Characteristic feature of a zoonotic infection is

- (a) Swimming pool granuloma  
(b) Vincent's angina  
(c) Carbuncle (d) Malignant pustule

98. The best method to teach a patient any skill, such as using inhaler is by

- (a) Discussion (b) Demonstration  
(c) Panel session (d) Lecture

99. In below given images test is used for



- (a) For Peripheral vision (b) For near vision  
(c) For far vision (d) For colour blindness

100. When a patient experiences difficulty in breathing the most appropriate position to place him/her in is

- (a) Fowler's position  
(b) Lateral position  
(c) Dorsal recumbent position  
(d) Sims' position

101. Immune status in diphtheria can be tested by

- (a) Frei's test (b) Lepromin test  
(c) Schick test (d) Dick test

102. Name of the device in the image below



- (a) Busca mask (b) T-piece resuscitator  
(c) Venti circuit (d) Close suction device

103. Most common form of childhood brain tumor is

- (a) Astrocytoma (b) Glioma  
(c) Medulloblastoma (d) Ependymoma

104. Wingning of scapula is caused due to injury to which of the following parts

- (a) Ulnar nerve  
(b) Thoraco dorsal nerve  
(c) Dorsal scapular nerve  
(d) Long thoracic nerve of bell

105. A concise summary of a study that communicates the essential information about the study is termed as

- (a) Action research (b) Abstract  
(c) Audit Trial (d) Assumption

106. Variable that is purposely manipulated or changed by the researcher is

- (a) Dependent Variable (b) Hypothesis  
(c) Informed consent (d) Independent variable

107. A parametric statistical measure to determine the difference between the means of two groups

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symbolized by

- (a) t - test (b) u - test  
(c) d - test (d) s - test

**108. Research conducted to answer questions or to find solution to problems that fall within the specific domain of nursing is**

- (a) Protocol (b) Individual research  
(c) Nursing Research (d) Questionnaire

**109. A guide for deriving systematic information concerning the phenomena of interest to the researcher is**

- (a) Research Process (b) Nursing Process  
(c) Research Design (d) Research Proposal

**110. Gestational age in pregnancy is calculated by**

- (a) 9 months + 7 Days (b) 9 lunar months  
(c) 280 days (d) All of the above

**111. All stages of rashes are seen in**

- (a) Chickenpox (b) Smallpox  
(c) Measles (d) Diphtheria

**112. Oligospermia means**

- (a) No semen  
(b) No sperm in semen  
(c) Dead sperm  
(d) Sperm count of less than 20 million

**113. Mean age of menopause is**

- (a) 48 Years (b) 40 years  
(c) 45 years (d) 51 years

**114. Most common congenital malformation in North India is**

- (a) Neural tube defects (b) Cleft palate  
(c) Club foot (d) Congenital heart disease

**115. A client with OCD spends many hours each day washing her hands. The most likely reason she washes her hands so much is that is**

- (a) Relieves anxiety  
(b) Reduces the probability of infection  
(c) Gives a feeling of control over life  
(d) Increase self-concept

**116. Rising ICP (intra cranial pressure) is accompanied by**

- (a) Tachycardia and Hypotension  
(b) Bradycardia and Hypotension  
(c) Bradycardia and Hypertension  
(d) Trachycardia and Hypertension

**117. The site preferred for giving I/M injection for adults and anyone over 7 months old**

- (a) Vastus lateralis (b) Deltoid  
(c) Dorso gluteal (d) Ventro gluteal

**118. Koplik's spots are seen in**

- (a) Rubella (b) Measles (c) Typhoid (d) Diphtheria

**119. Normal GFR (Glomerular Filtration Rate) in adult**

- (a) 50 ml/minute (b) 100 ml/minute  
(c) 150 ml/minute (d) 200 ml/minute

**120. Which of the following is the most lethal method of suicide?**

- (a) Wrist cutting (b) Taking poison  
(c) Use of gun (d) Rowing

**121. All the food item cause calor to the urine EXCEPT**

- (a) Barriers (b) Beets  
(c) Carrot (d) Food colouring agents

**122. Name of the tissue is widely and abundantly distributed in human body?**

- (a) Connective tissue (b) Cartilaginous  
(c) Lymph (d) Muscular

**123. Specific sign of Kwashiorkar is**

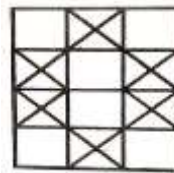
- (a) Pitting Edema (b) Weight loss  
(c) Flag sign (d) Muscle wasting

**124. Cognitive behavior therapy is used for managing**

- (a) Anxiety (b) Mania  
(c) Schizophrenia (d) Bipolar disorder

**125. Find the number of square**

- (a) 20 (b) 23 (c) 12 (d) 18



**126. If a certain language 832 is coded as BED and 91337 is coded as SWEET, how is 381299 coded in that language**

- (a) FAWDTT (b) EBWDSS  
(c) EBWDST (d) FCWDST

**127. Pick out the odd one**

- (a) SRQ (b) UTS (c) ZWV (d) ONM

**128. In 300 years, how many odd days?**

- (a) 1 (b) 2 (c) 3 (d) 4

**129. If E = 5 and BASIC = 50. Then, WORLD = ?**

- (a) 67 (b) 74  
(c) 84 (d) None of these

**130. Anita says. "Prabhu's father is the only son of my father". How is Anita related to Prabhu**

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- (a) Aunt (b) Sister  
(c) Mother (c) Grandmother

### 131. Insert the Missing Number

2	5	2
3	4	3
1	2	4
36	197	?

- (a) 109 (b) 99 (c) 92 (d) 97

### 132. Which ministry has launched an online quiz program named "BHARAT KO JANIYE"

- (a) Ministry of commerce  
(b) Ministry of HRD  
(c) Ministry of Overseas Indian Affairs  
(d) Ministry of culture

### 133. Which is the nearest planet to the sun

- (a) Mercury (b) Venus  
(c) Pluto (d) Jupiter

### 134. UNO was founded in the year

- (a) 1945 (b) 1940 (c) 1935 (d) Jupiter

### 135. Consumer day is celebrated on

- (a) January 24 (b) October 23  
(c) April 15 (d) March 15

### 136. Telescope was first invented by

- (a) Hans Lippershey (b) Copernicus  
(c) Galileo Galilei (d) Hubble

### 137. Vitamin A : Night blindness :: ? : Scurvy

- (a) Vitamin B (b) Vitamin K  
(c) Vitamin A (d) Vitamin C

### 138. At which level of health organization is the DGHS

- (a) State level (b) District level  
(c) Village level (d) Central level

### 139. Indian Awaas Yojna is meant for which population

- (a) Semi-urban (b) Rural  
(c) Urban (d) Urban and Rural

### 140. Computer monitor is also known as

- (a) DVD (b) UVD (c) VDU (d) CCTV

### 141. Which of the following is not a type of printer?

- (a) Inkjet (b) 3-d  
(c) Landscape (d) Laserjet

### 142. An extremely fast memory that works as an intermediary between CPU and main memory is called

- (a) Cache (b) EPROM  
(c) Blu-ray disk (d) DRAM

### 143. Which one of these also known as read/write memory

- (a) ROM (b) RAM (c) DVD (d) Hard disk

### 144. Choose the correct synonym of Humane

- (a) Merciless (b) Compassionate  
(c) Cheerful (d) Superb

### 145. Identify the misspelt word from the given options

- (a) Immaculate (b) Unacceptable  
(c) lligible (d) Irreversible

### 146. At which of the historical places did Lord Buddha give his first sermon?

- (a) Sarnath (b) Kushinagar  
(c) Sanchi (d) Vaishali

### 147. How did he kill the tiger? He killed it.....a rifle.

- (a) with (b) through  
(c) from (d) by

### 148. Hindus believe that .... From the cycle of the birth and rebirth can be attained only by good deeds.

- (a) Delivery (b) Bondage  
(c) retirement (d) deliverance

### 149. Find the correctly spelled word

- (a) Description (b) discription  
(c) Descripition (d) Discription

### 150. Find the correctly spelled word

- (a) Hemorrhage (b) Haemorrhage  
(c) Hemorage (d) Heamorrhage

### 151. The first mention of 'Trigarta' is found in

- (a) Rig Veda (b) Mahabharata  
(c) Writings of Panini (d) Purana

### 152. Who organized the Quit India Movement in Shimla in 1942?

- (a) Mahatmi Gandhi (b) Rajkumari Amrit Kaur  
(c) Surinder Dhyat (d) All the above

### 153. Jane: "What .... in the evenings?"

Mary: "Usually I watch TV or read a book."

- (a) you doing (b) you do  
(c) do you do (d) are you doing

### 154. Normal Duration of pregnancy is

- (a) 250 days (b) 280 days  
(c) 300 days (d) 365 days

### 155. Vomiting of blood is called

- (a) Haematemesis (b) Haemoptysis  
(c) Malaena (d) Haemarthrosis

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156. ASHA not posted at

- (a) Super speciality hospital
- (b) Sub centre
- (c) P.H.C
- (d) C.H.C

157. Life of RBC is

- (a) 30 days (b) 90 days (c) 120 days (d) 160 days

158. Viruses require \_\_\_ for growth

- (a) Bacteria (b) Plants
- (c) Animals (d) Living Cells

159. In below image the condition is caused by



- (a) Hypothyroidism (b) Hypercalcemia
- (c) Hyperthyroidism (d) Hypocalcemia

160. Silver revolution is concerned with

- (a) Milk (b) Agriculture (c) Metal (d) Egg

161. Which among is the synonym of the sun?

- (a) Sunny (b) Bright (c) Solar (d) Fire

162. National malaria eradication program was launched in the year

- (a) 1953 (b) 1958 (c) 1970 (d) 2002

163. Which of the following is NOT a long bone?

- (a) Humerus (b) Sternum
- (c) Tibia (d) Ulnar

164. The Rods and Cones of the eye retinal layer are modified

- (a) Unipolar neurons (b) Multi polar neurons
- (c) Bipolar neurons (d) None

165. What is the name of the device in the image below



- (a) Tourniquet (b) Blood pressure cup
- (c) Bandage (d) Andage disposable thermppmeter

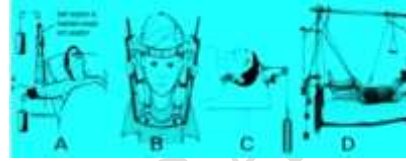
166. In below shown image is a spirometry type of



- (a) Excentive spirometry (b) Positive spirometry
- (c) Negative spirometry (d) Incentive spirometry

167. Identify Halo traction in below given images?

- (a) A (b) B (c) C (d) D



168. Acromegaly is due to:

- (a) Overproduction of growth hormone by the pituitary
- (b) Deficient production of growth hormone by the pituitary
- (c) Overproduction of androgens by the adrenal
- (d) Deficient production of androgens by the adrenal

169. Hyper secretion of which of the following hormones is the cause of pituitary gigantism?

- (a) Adrenocorticotropic hormone
- (b) Growth hormone
- (c) Thyroid stimulating hormone
- (d) parathyroid hormone

170. Which of the following group's symptoms describes Acromegaly?

- (a) Excessive bone growth, mental sluggishness, hypoglycemia
- (b) Short attention span, excessive weight gain, excessive thirst
- (c) Enlargement of bony and soft tissue over the head and face, deep voices, glucose intolerance
- (d) Irritability, menstrual disturbances, hypertension

171. Which of the following conditions is the most common form of hyperthyroidism?

- (a) Addison's disease (b) Cushing's disease
- (c) Graves' disease (d) Hashimoto's disease

172. A patient attends hospital with the complaint of weight loss instead of increased appetite and frequent defecation. The nurse finds her intensely nervous and a diffuse swelling in the neck. She suspects that the patient may be suffering from:



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- (a) Hypothyroidism  
(c) Diabetes mellitus

- (b) Hyperthyroidism  
(d) AIDS

- (b) Hypometabolism  
(c) State of nutritional deficiency and weight loss  
(d) Both A and C

**173. The major complications of Graves' disease are:**

- (a) Heart disease & Exophthalmos  
(b) Thyroid storm  
(c) Only B  
(d) Both A and B

**174. Nursing intervention for a patient with hyperthyroidism having Exophthalmos involves:**

- (a) Limiting salt intake and elevating the head of the bed at night  
(b) Lightly tape the eyes shut with non-allergenic tape at night  
(c) Both A and B  
(d) Only B

**175. One of the anti-thyroid drugs prescribed to control hyperthyroidism in Graves' disease is:**

- (a) Beta blockers  
(b) Corticosteroids  
(c) Non-steroidal anti-inflammatory drugs  
(d) Propylthiouracil

**176. The nurse is teaching a patient with hypothyroidism for self-care. Which of the following is not appropriate?**

- (a) To take thyroid hormone lifelong  
(b) To avoid exposure in cold climate for a long time  
(c) To take a low calorie and low residue diet  
(d) To avoid sedatives

**177. The nursing diagnosis for an elderly female patient admitted with hypothyroidism may be all of the following except:**

- (a) Imbalanced nutrition: More than body requirements related to hypo-metabolism  
(b) Activity intolerance related to hypo-metabolism and mucin deposits in joint and interstitial spaces  
(c) Hypothermia related to cold intolerance  
(d) Fluid and electrolyte disturbances secondary to gastrointestinal hyper-motility

**178. Which of the following conditions is characterized by an excessive secretion of thyroid hormone?**

- (a) Hypothyroidism  
(c) Exophthalmos
- (b) Hyperthyroidism  
(d) Thyrotoxic crisis

**179. Hyperthyroidism is characterized by:**

- (a) Loss of the normal regulatory controls of thyroid hormones

**180. A 55 year-old women female patient is diagnosed with hypothyroidism is on thyroid replacement therapy. The nurse understands that this patient is at the risk of developing:**

- (a) Nephropathy  
(b) Angina and cardiac dysrhythmias  
(c) Allergies  
(d) Thyroid storm

**181. A 60-year-old female patient suffering from hypothyroidism tells the nurse that she often forgets to take her daily dose of thyroid hormone. The nurse understands that the patient is at the risk of developing:**

- (a) Wound infection  
(c) Thyroid crisis
- (b) Hyperthermia  
(d) Myxedema coma

**182. A 70-year-old female patient suffering from hypothyroidism tells the nurse that she often forgets to take her daily dose of thyroid hormone. The nurse understands that the patient is at risk of developing:**

- (a) Polycythemia  
(c) Myxedema coma
- (b) Hyperglycemia  
(d) Heart failure

**183. An appropriate nursing intervention for a patient with hypothyroidism is:**

- (a) To encourage the patient to speed up his activities of daily living  
(b) To provide a low calorie and low rough-age diet  
(c) To provide a comfortable and cool environment  
(d) To teach patient minimum use of soap for bathing and application of lotion to prevent skin breakdown

**184. The most common type of autoimmune hypothyroidism is:**

- (a) Graves' disease  
(c) Hashimoto's disease
- (b) Addison's disease  
(d) Cushing's disease

**185. A patient attends hospital with complaint of intolerance to cold and extreme fatigue. The physician suspects hypothyroidism. Which of the following tests should be ordered?**

- (a) Serum TSH and T4 concentration  
(b) Thyroid antibodies  
(c) Thyroid scan  
(d) All of the above

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**186. The drug that will probably be ordered for the patient with hypothyroidism is:**

- (a) Potassium iodide      (b) Lugol's iodine  
(c) Propylthiouracil      (d) Levothyroxine sodium

**187. Which of the following symptoms are associated with hypothyroidism?**

- (a) Lethargy, constipation, thick brittle nails and weight gain  
(b) Intolerance to heat, diarrhea, tachycardia and nervousness  
(c) Polyuria, polyphagia and weight loss  
(d) Buffalo hump, oily skin, weakness and depression

**188. While assessing a patient with hypothyroidism the nurse should be alert for:**

- (a) Irritability and restlessness  
(b) Bounding rapid pulse  
(c) Puffiness of face  
(d) Tremors of fingers and tongue

**189. L - thyroxine sodium has been ordered for a patient with hypothyroidism as replacement therapy. The nurse should teach the patient to take the drug:**

- (a) In the morning at empty stomach  
(b) In the morning after breakfast  
(c) At bedtime  
(d) Whenever convenient

**190. Enlargement of the thyroid gland occurs in:**

- (a) Hypothyroidism      (b) Hyperthyroidism  
(c) Tumors of thyroid      (d) All of the above

**191. Endemic goiter:**

- (a) Is more common in men  
(b) Is more common in middle age  
(c) Occurs due to excessive consumption of sea foods  
(d) Occurs in areas where soil and water are deficient in iodine

**192. The most common type of goiter is:**

- (a) Endemic or simple      (b) Sporadic  
(c) Nodular      (d) Toxic

**193. The most common type of hypothyroidism is:**

- (a) Thyroid hypothyroidism  
(b) Central hypothyroidism

- (c) Secondary hypothyroidism  
(d) Tertiary hypothyroidism

**194. A nurse is teaching a group of women about the side effects of different types of contraceptives. What is the most frequent side effect associated with the use of an Objective Questions intrauterine device (IUD)?**

- (a) A tubal pregnancy  
(b) A rupture of the uterus  
(c) An expulsion of the device  
(d) An excessive menstrual flow

**195. What is the full form of CARE**

- (a) Cooperative for Assistance & Relief Everywhere  
(b) Cooperative and Resting Everywhere  
(c) Clinical Assistance and Relief Everywhere  
(d) Co-ordinate Assistance for Relief Every where

**196. On-going on the job instructions that are given to enhance the worker's performance in their present job. In known as**

- (a) Job responsibility      (b) Job induction  
(c) In service-education      (d) None of above

**197. Any extension of opportunities for study and training to any person following their completion of or withdrawal from full time school of college, is known as**

- (a) In service education      (b) Job induction  
(c) Continuing education      (d) Job- orientation

**198. The nursing journal of India is published by**

- (a) INC      (b) TNAI      (c) SNA      (d) ICN

**199. A dynamic and purposeful relationship between two people who approaches a mutually defined problems with mutual consideration of each other, is known as**

- (a) Supervision      (b) Counseling  
(c) Motivation      (d) Budgeting

**200. In nursing field, what is the need for counseling**

- (a) To assist the students in planning for educational choices  
(b) To motivate the students for self-employment  
(c) To help the students to work out a plan for solving their difficulties  
(d) All

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